

# WE GROW WELL TOGETHER.



The Difference Card is proud to provide our members with innovative wellness tools to help you lead healthy, well-balanced lives.

## Integrated Wellness Tools



**WEARABLE  
DEVICE  
INTEGRATION**

**Integrated  
with Fitbit &  
MyFitnessPal.**



**TRACK  
WELLNESS  
ACTIVITY**

**Wellness  
tracking tools  
include: Physical  
Activity,  
Nutrition, Weight,  
Sleep, & Blood  
Pressure**



**LIVE  
WEBINARS**

**A new live  
webinar  
presented  
every  
month!**



**ONLINE  
HEALTH  
CLASSES**

**Over 40  
Online Classes,  
available 24/7  
covering a  
range of health  
topics.**

Visit [www.differencecard.com](http://www.differencecard.com) to learn more about our wellness program!